

# DADLG

Registered Charity Number

1049610



## Community Short Breaks Services: Weekly Activities



**Taekwondo Club**  
**Mondays 6p.m.—7p.m.**  
**Bishop Middleham Village Hall**  
**Front Street**  
**Ferryhill**  
**DL17 9AJ**

**Cost: £3 per session**

**You will become a member of British Taekwondo, go for gradings if you wish and have opportunities to compete in events. This club is also for those who just want to learn Taekwondo.**

**To request places contact  
[dadlg08@googlemail.com](mailto:dadlg08@googlemail.com)**