

'STAYING SAFE—KEEPING CONNECTED'

FREE ACTIVITY PACKS

It's time to let us know if you would like another activity pack for your family. This time the main focus is getting outdoors into your garden or outside space to get active.

There will be a variety of activities included.

To get hold of yours email us with the information shown below.

- 1. Your name and home address with postcode**
- 2. How many adults who are carers in your house**
- 3. The main disability type of your disabled child/young person.**
- 4. How many children are in your house—number of boys and number of girls and their ages.**

PLEASE NOTE—Any child/young person with a disability or siblings aged 18 or over—please put them down as a child/young person.

We will let you know when your pack will be delivered.

